

2017



**KEEP
CALM
And**

De-stress

Come join us in the SUB to relieve your stress during final exams!

December 11th

Free Meal and Refreshments

Sponsored by St. Stephen AME Church

6:00 p.m. to 9:00 p.m.

December 12th ONLY

Free Hot Cocoa, Hot Tea, Orange and Apple Juice, and Pastries

FREE Chair Massage Therapy with BodyTech2U

and

Free Fidget Spinners

11:30 a.m.-1:30 p.m.

December 13th and December 14th

Free Hot Cocoa, Hot Tea, Orange and Apple Juice, and Pastries

10:00 a.m. to 3:00 p.m.

Step into the ZONE to relax and unwind !!

Hosted by the Division of Student Affairs and Enrollment Management

Special thanks to Reverend Dr. David W. Green, Sr. and the St. Stephen AME Church!